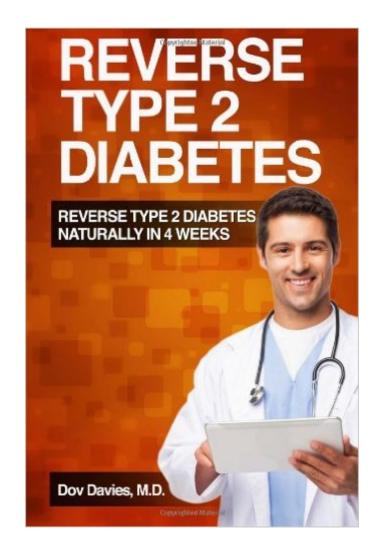
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# Reverse Type 2 Diabetes Naturally In 4 Weeks





## Synopsis

Reverse your type 2 diabetes naturally in just four weeks. No pills. No medicines. No doctor visits. Dr. Davies recently experienced his own surprise diagnosis of type 2 diabetes. Fortunately he was introduced to a promising scientific study which reversed type 2 diabetes with 70% of the study participants still free of diabetes 12 weeks after the study was completed. Here you will find a flexible and very simple four week plan that will help you add back years to your lives. Many people also lose weight. Easy to follow. Straight to the point. Only four weeks to type 2 diabetes free for most people.

### **Book Information**

Paperback: 56 pages Publisher: European Institute for Advanced Diabetic Research (EIADR) (May 23, 2014) Language: English ISBN-10: 069221030X ISBN-13: 978-0692210307 Product Dimensions: 6 x 0.1 x 9 inches Shipping Weight: 4.8 ounces (View shipping rates and policies) Average Customer Review: 3.3 out of 5 stars Â See all reviews (15 customer reviews) Best Sellers Rank: #464,470 in Books (See Top 100 in Books) #45 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > Type 2 #404 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > General #2158 in Books > Medical Books > Medicine > Internal Medicine > Pathology > Diseases

#### **Customer Reviews**

Finally!!! Surprised that something so simple was so effective.My friend's mother has been fighting the type 2 diabetes battle for seven years now. Pills, diets, numerous physical activity programsâ |she even tried hypnosis and a psychic. Options were running low, but her determination still had just enough gas left in the tank.Saw this book in a stack of others this past spring one afternoon at her house. She devotedly and methodically tries each program one-by-one, often with no or very little results. She half-heartedly started in on this one a little over a month ago and after seeing the rapid initial improvement stepped it up and followed the instructions to a T. Wowâ |her numbers are way better! Blood sugars before (77 mg/dL) and two two hours after meals (108 mg/dL). A1C (4.9). Blood pressure (117/76). Cholesterol (LDL and HDL). Even BMI (down 2.3). Everything has drastically improved and just continues to get better.Her doctor asked her if a body

double snuck in for her tests. All her numbers were down (except HDL where higher means lower risk). Better skin. More energy. Increased vitality and she's even had a couple hot dates! She's just happier all around. It's so beautiful to see her in this way after struggling for so long.I'm recommending this book to everyone I know. I like that it's simple, but the doctors back it up with scientific research.Glad my aunt (I consider her that) is back to how she was 20 years ago. I sincerely help this book can help others too. Let's beat this monster called type 2 diabetes!Thank you European Institute for Advanced Diabetic Research for very possibly saving a life!

Chock-full of useful information. that I was unaware of. All you type 2 diabetecs, apply all that the doctor recommends and you will be an ex-diabetic in about 6 weeks. How do I know? I did it successfully.

This isn't really a "book". If it was printed out in hard-copy it would be more aptly called a "pamphlet", as it is very short and can be read in maybe 10 minutes or so. That said, the information is a good starting point and I will definitely try the diet out for 30 days to see for myself what results I can get. It might help me cure my condition. Worth a try anyway...

Informative and educational.

Interesting ideas, high possibility it will work. May be difficult with feeding others their so called regular foods. Good references etc and result information

Like it

Small book but full of information. I recommend.

It was ok but not what I expected

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Reversing Diabetes, Diabetic Health)

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